

## The Johns Hopkins Depression Checklist for Children HDCL-C

CHILD's NAME \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ Sex \_\_\_\_\_ Informant: \_\_\_\_\_

|    |  | Not at all<br>(0) | Sometimes<br>(1) | Pretty Much<br>(2) | Very Much<br>(3) | All the Time<br>(4) |
|----|--|-------------------|------------------|--------------------|------------------|---------------------|
| 1  | Complains of stomach aches             |                   |                  |                    |                  |                     |
| 2  | Pouts and sulks                        |                   |                  |                    |                  |                     |
| 3  | Unable to make up his/her mind         |                   |                  |                    |                  |                     |
| 4  | Cries often                            |                   |                  |                    |                  |                     |
| 5  | Moves slowly                           |                   |                  |                    |                  |                     |
| 6  | Complains of headache                  |                   |                  |                    |                  |                     |
| 7  | Demonstrates slow speech               |                   |                  |                    |                  |                     |
| 8  | Spends more time with adults           |                   |                  |                    |                  |                     |
| 9  | Spends time alone in room              |                   |                  |                    |                  |                     |
| 10 | Self critical                          |                   |                  |                    |                  |                     |
| 11 | Finds it difficult to leave parents    |                   |                  |                    |                  |                     |
| 12 | Forgetful                              |                   |                  |                    |                  |                     |
| 13 | Easily frustrated                      |                   |                  |                    |                  |                     |
| 14 | Tires easily                           |                   |                  |                    |                  |                     |
| 15 | Gets angry                             |                   |                  |                    |                  |                     |
| 16 | Hostile to others                      |                   |                  |                    |                  |                     |
| 17 | Sullen                                 |                   |                  |                    |                  |                     |
| 18 | Bowel problems                         |                   |                  |                    |                  |                     |
| 19 | Nausea or vomiting                     |                   |                  |                    |                  |                     |
| 20 | Temper outbursts                       |                   |                  |                    |                  |                     |
| 21 | Suicidal Thoughts                      |                   |                  |                    |                  |                     |
| 22 | Eats poorly                            |                   |                  |                    |                  |                     |
| 23 | Refuses to go to School                |                   |                  |                    |                  |                     |
| 24 | Leaves school - "hooks"                |                   |                  |                    |                  |                     |
| 25 | Moody or irritable                     |                   |                  |                    |                  |                     |
| 26 | Talks about fear of parents dying      |                   |                  |                    |                  |                     |
| 27 | Awakens in a.m. earlier than necessary |                   |                  |                    |                  |                     |
| 28 | Needs help from adults                 |                   |                  |                    |                  |                     |

|    |                                 | Not at all<br>(4) | Sometimes<br>(3) | Pretty Much<br>(2) | Very Much<br>(1) | All the Time<br>(0) |
|----|---------------------------------|-------------------|------------------|--------------------|------------------|---------------------|
| 29 | Appears happy                   |                   |                  |                    |                  |                     |
| 30 | Talks a lot                     |                   |                  |                    |                  |                     |
| 31 | Carefree in spirit              |                   |                  |                    |                  |                     |
| 32 | Enjoys new situations           |                   |                  |                    |                  |                     |
| 33 | Cheerful in nature              |                   |                  |                    |                  |                     |
| 34 | Neat appearance                 |                   |                  |                    |                  |                     |
| 35 | Falls asleep well               |                   |                  |                    |                  |                     |
| 36 | Works on tasks enthusiastically |                   |                  |                    |                  |                     |
| 37 | Sleeps through the night        |                   |                  |                    |                  |                     |
| 38 | Generally outgoing              |                   |                  |                    |                  |                     |

Maximum Score (4 x 38) = 152

Mean Score in Depressed In-patients = 66.8 +/- 13.4

Normal Population Mean Score = 26.4 +/- 5.3

0023E: 101-102

Johns\_Hopkins\_Depression\_Index AACAP.xls